## **Information About Support Groups**

Please find enclosed 2020 support groups schedule. In response to the COVID-19 pandemic and our extended absence in being able to safely meet in person, RAAN has developed the following schedule and process to provide a supportive environment and an opportunity to connect with others.

- Please call to RSVP before attending each group.
- Due to the uncertainty of COVID-19, groups may be conducted over the phone or a conference call.

To reduce the spread of COVID-19 in our community, we are requesting you answer these questions before attending:

- Have you been confirmed or suspected of having COVID-19 and are currently in isolation?
- Have you been in close contact with someone confirmed as having COVID-19 in the past 14 days and are recommended to quarantine by the North Dakota Department of Health?
- Have you had a fever, shortness of breath or other symptoms of illness in the past 24 hours?

If you answer **yes** to any of these questions, we ask you to **not attend in person**.

We are requiring all participants to wear a face covering throughout the group while maintaining 6 feet of personal/social space from one another.

- If you do not have a face covering, one will be provided.
- Hand sanitizer will be available.
- Each meeting site will be cleaned and sanitized before entry.

North Dakota residents in Dickinson/Williston and surrounding areas are encouraged to attend groups in Bismarck/Minot. Please contact your Ryan White case manager for transportation assistance.

If you have any questions, please contact:

Christopher Wegner Rural AIDS Action Network 218-443-3335 christopher@raan.org



# 2020 Support Groups

## Fargo/Moorhead

Are held every 3<sup>rd</sup> Wednesday of each month from 12:00 PM – 2:00 PM on the following dates:

January 15	July 15
February 19	August 19
March 18	September 16
April 15	October 21
May 20	November 18
June 17	December 16

Please call Rural AIDS Action Network to RSVP or RAAN case manager at 877.403.1815 for details and answers to your questions.

#### **Jamestown**

JoElle's Loving HANDS Group

Monday, September 14, 2020, 6:30 PM Monday, November 9, 2020, 6:30 PM Monday, January 11, 2021, 6:30 PM Monday, March 15, 2021 6:30 PM

Call Christopher to RSVP and for details and answers to your questions for Jamestown Support Group.



## Bismarck/Mandan

RAAN Support Group sessions in Bismarck/Mandan are from 4:00 P.M. – 6:00 P.M. on the following dates:

<del>April 19</del>	October 25
May 17	November 15
June 21	December 13
<del>July 19</del>	January 24, 2021
August 16	February 28, 2021
September 20	March 28, 2021

### **Minot**

RAAN Support Group sessions in Minot are from 2:00 P.M. – 4:00 P.M. on the following dates:

April 18	November 14
May 16	December 12
July 18	January 23, 2021
August 15	February 27, 2021
September 19	March 27, 2021
October 24	

Call Christopher to RSVP and for details and answers to your questions for Bismarck/Mandan/Minot Support Group.



